

PERSONAL BOARD OF DIRECTORS

Building and managing your personal board of directors is an ongoing process that requires reflection, communication, and collaboration. By leveraging the diverse perspectives and expertise of your board members, you can gain valuable insights, overcome challenges, and achieve your professional and personal aspirations. Use these prompts as a guide to cultivate strong relationships with your board and unlock the full value of your network.

SET GOALS FOR YOUR BOARD

Define Your Objectives:

- Consider your goals for creating a personal board of directors, including your career and personal development goals.
- Determine specific areas where you need guidance, feedback, or support (e.g., leadership development, career advancement, work-life balance).

IDENTIFY YOUR BOARD

Reflect on Your Network:

- List individuals in your network whom you admire, respect, or feel could provide valuable insights and guidance.
- Consider colleagues, mentors, industry experts, friends, family members, and professionals from diverse backgrounds.

Assess Their Roles:

- Define the roles each person could play in your personal board of directors (mentor, advocate, advisor, etc.).
- Identify specific strengths, expertise, or experiences they bring.

Evaluate Diversity:

- Assess the diversity of perspectives and backgrounds represented within your board.
- Aim for a balance of gender, ethnicity, industry experience, and professional expertise.

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MANAGE YOUR BOARD RELATIONSHIPS

Connect with Board Members and Create Agreements:

- Communicate your goals and explain why you've selected each individual to join your board.
- Agree on the level of involvement and support.

Schedule Regular Check-Ins:

- Set up periodic meetings or calls with each member of your board.
- Use these sessions to discuss progress, challenges, and growth opportunities.

Seek Feedback and Advice:

- Be proactive in seeking feedback and advice from your board members.
- Listen attentively to their insights and perspectives and be open to constructive criticism.

EXPRESS GRATITUDE

- Show appreciation for your board members' time, support, and guidance.
- Express gratitude through thank-you notes, small gestures, or offering assistance in return.

EVALUATE EFFECTIVENESS

- Periodically assess the effectiveness of your personal board of directors in helping you achieve your goals.
- Adjust your board composition or approach as needed to ensure continued growth and success.